857 524 is used to make a dress for the doll which is then carried on the back as mothers carry their children.

[65] When they are not drinking or gossiping, the adult 526 men spent their leisure time shooting arrows at a stick placed at a distance of up to 100 meters or more or by lance-throwing contests at any distant object. In the Tanganyika region a quiet 524 sitting game in which only two persons can participate is very popular. It is a game played on a board (ikisoro) resembling [177] our checker board. It is known to the Wasuaheli as mbao and probably has been imported from there to the Tanganyika area by way of Unjamwesi. From Tanganyika it also penetrated to a few chiefs of central Urundi. The board is rounded off at the edges and has four rows of little bowl-shaped hollows of which there are 32 altogether. Small stones or fruit pits are placed in them. By a complicated system of moves and counter-moves by which one opponent may take stones from the other, one player finally wins all the stones of his opponent. A precise description would lead us too far here, and in any case the game is known from the East African coastal areas.

Weule described (loc. cit., p. 52) the game of patience, ikifundo, that is played in Usige on the north shore of Lake [177] Tanganyika. It was probably an import from the Arabs or the Wasuaheli. I have not seen it myself.

There are also other widespread games, as, for instance, the string games, which I have not seen played by children or adults.

535 Dances (ivino, uruvino) are included here since they are to a certain extent mere "games." It is true that only a minority of dances are executed for their own sake as amusement; most of them are connected with some family, social, war, or religious celebration and are danced only on these special occasions. They all resemble each other in form, however, and may be described together here, except the religious ones which we shall discuss in the chapter on "Religion" (see p. 127).

Like the Banjaruanda, the Barundi are enthusiastic dancers and dance whenever they have the opportunity. "To amuse oneself, to play, to sing and to dance are synonymous words. They dance well, elegantly (especially the women), even with

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526.

High jump. Popular sport among the Batutsi.

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Lake Kivu, near Gisenyi.